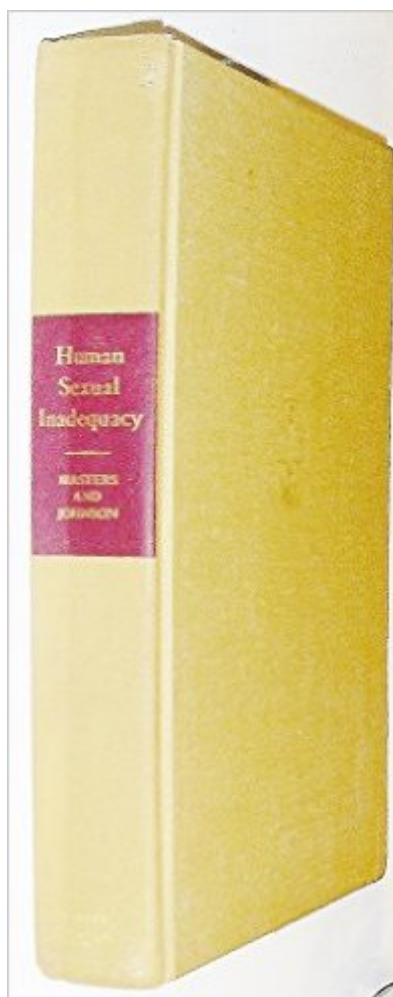


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# Human Sexual Inadequacy



## Synopsis

The innovative program described in this book revolutionizes the the treatment of sexual dysfunction. During eleven years of daily clinical work, more than five hundred couples have been treated at Masters and Johnson's Reproductive Biology Research Foundation in St. Louis. Here the relationship itself is the patient. The authors stress that there is no uninvolved partner when sex is a problem. Therefore they treat the partners even if only one appears to be sexually dysfunctional. And their therapy techniques have proven successful in 80 percent of all cases treated. The key to this unprecedented record is the role of the dual therapy team. Masters and Johnson have found that it takes both a man and a woman therapist to treat a couple effectively. The dual therapy team acts as a catalyst, encouraging communication between partners when none has existed before. They use psychological and psychological methods of treating impotence, ejaculatory incompetence, premature ejaculation, orgasmic dysfunction in women, vaginismus, and painful intercourse. Basic to all treatment techniques is the premise that attitudes and ignorance rather than any mental or physical illness are responsible for most sexual problems. The two-week rapid therapy program developed by Masters and Johnson includes both counseling and specific instructions for patients to follow in privacy. All results of success or failure reported in Human Sexual Inadequacy Are substantiated by a unique five-year patient follow up program. --This text refers to the Paperback edition.

## Book Information

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## Customer Reviews

The Masters and Johnson research team head by William H. Masters (1915-2001) and Virginia E. Johnson (born 1925) pioneered research into human sexuality from 1957 until the 1990s. The predecessor to this volume is *Human Sexual Response*. They wrote in the Preface to this 1970 book, "If ... *Human Sexual Response* is judged of value, there must be ... a text incorporating clinical application of the basic science disciplines of physiology and psychology... '*Human Sexual Inadequacy*' adds clinical experience with human sexual function and dysfunction to preclinical investigation. Knowledge in both areas provides a solid base from which to construct improved rapid-treatment programs." They begin by stating, "there is no such thing as an uninvolved partner in any marriage in which there is some form of sexual inadequacy... although both husband and wife in a sexually dysfunctional marriage are treated... sexual dysfunction is indeed a marital-unit problem, certainly never only a wife's or a husband's personal concern." (Pg. 2-3) They advise, "fear of inadequacy is the greatest known deterrent to effective sexual functioning... by blocking reception of sexual stimuli either created by or reflected from the sexual partner." (Pg. 12) Later, they add, "The most unfortunate misconception our culture has assigned to sexual functioning is the assumption, by both men and women, that men by divine guidance and infallible instinct are able to discern exactly what a woman wants sexually and when she wants it." (Pg.

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